

KINGSBURG JOINT UNION HIGH SCHOOL ATHLETIC CODE

As a member of an athletic team you will be associated with a very ambitious, energetic, and admired group of young men and women. By participating in athletics you will be subjecting yourself to rigorous training and self-discipline, but in return you will receive enjoyment and pleasure that can only be derived from being a part of an athletic team.

It is not every student who can make the team. Therefore, upon doing so, you should take it upon yourself to become the very best athlete and team member possible. You can do this by giving your best effort every time and abiding by the spirit as well as the letter of the rules and regulations established to help the athlete and our school.

Interscholastic competition will be governed by the Kingsburg High School, the CIF, and the league regulations, with the aim of making athletics a part of the educational plan within the general objectives of education.

With these goals in mind, it is important for you as an athlete to determine in your own mind that you and you alone have the power to achieve or fail. You should also realize that as an athlete you are part of the finest group on campus. Continue these high standards with fidelity and honor. Athletics are a privilege, not a right and this privilege can be revoked if these guidelines are not followed.

Conduct of an Athlete

A. On the field and court

1. Field and court regulations/procedures will be specified by each coach. All athletes are expected to observe these regulations and conduct themselves accordingly.
2. Be a gracious loser and a modest winner.
3. Profanity will not be tolerated.
4. Respect officials. Athletic tradition dictates that only the captain talks to officials and then only in a tone of respect. Have confidence in the integrity and honesty of officials.
5. Any behavior contrary to the coach's directives is a reflection on the school, the team, and the coaches and will not be allowed. Violations can result in removal from the game, suspension, and possible expulsion from the team.

B. In the classroom

1. Be competitive in your academic work as well as on the athletic field.
2. Strive for successful performance in both scholarship and citizenship.
3. Show respect for your instructors, fellow students, and classroom activities.
4. Be prompt and maintain a good attendance record. Never cut classes or school.
5. In the classroom and about campus your conduct is a reflection on the entire athletic program.

C. On campus

The way you act and look on the campus is of great importance. Athletes should be leaders and fellow students should respect and follow them. There are many characteristics that pertain to an athlete. They are:

1. Be neat and well groomed at all times.
2. Do not use profanity.
3. Be a good example.
4. Exhibitionism (display of affection with a member of the opposite sex in public) is in poor taste.
5. Do not haze new students or.

6. Support all school activities; take an active part when possible.

D. Off campus

The way we act and look off campus is of great importance. The athlete must accept the responsibility to the community and the school in living the code at all times. Good conduct is being a twenty-four hour, twelve-month responsibility.

Rules and Regulations

- A. Training and physical condition. An athlete may be dropped from his/her team at the discretion of the coach for any of the following infractions regardless of the school punishment.
 1. Possession of tobacco upon any substantiated report:
 - a. **First offense** – Suspension from game participation following the violation from twenty percent of the season's total games in that sport or the following sport if the violation occurs at the end of the season. (Tournaments count as two games). The athlete will still be required to attend all practices and participate each and every day until his/her suspension is lifted. He/She will not dress for games during his/her suspension. If the athlete misses practice without prior permission from his/her coach, he/she will be dropped from the team and will not receive a letter or other awards for that particular sport.
 - b. **Any succeeding offense** - Suspension from all athletic participation and practice for four calendar months. The athletic school year runs from the first day of school in August to May 15 on consecutive sports.
 2. Use/under the influence of alcohol:
 - a. **First offense** – Suspension from game participation following the violation from forty percent of the season's total games in that sport or the following sport if violation occurs at the end of the season. (Tournaments count as two games). The athlete must also obtain alcohol counseling either from the school resource or private resource. The athlete will be required to attend all practices and participate each and every day until his/her suspension is lifted. He/She will not dress for games during his/her suspension. If the athlete misses practice without prior permission from his/her coach he/she will be dropped from the team and will not receive a letter or other awards for that particular sport.
 - b. **Any succeeding offense** – Suspension from all athletics and practice for one calendar year from the date of the suspension.
 3. Use/possession/under influence of any illegal drug, androgenic/anabolic steroid, non-prescribed drug:
 - a. **First offense** – Suspension from the sport. Suspension from game participation of the following sport if violation occurs at the end of the season from forty percent of the season's total games in that sport. The athlete must also obtain drug counseling either from school resource or private resource. The athletic school year runs from the first day of school to May 15 on consecutive sports.
 - b. **Any succeeding offense** – Suspension from all athletics and practices for one calendar year from the date of the suspension.

4. Court decision for a criminal act:
 - a. **First offense** – Suspension from that sport. Suspension from game participation of the following sport if violation occurs at the end of the season from forty percent of the season's total games in that sport.
 - b. **Any succeeding offense** – Suspension from all athletics and practice for one calendar year from the date of the suspension.

B. Eligibility and Academic Standards

1. Must be less than 19 years of age at September 1 of the school year involved.
2. Must not have been in school more than eight (8) semesters.
3. Must have passed five or more subjects (passing 25 credits) during the previous quarter, and have a 2.0 grad point average for classes taken during the previous quarter. Kingsburg High School grading period is by quarters.
4. Must not participate on any non-school team in the same sport during that sport's season. (A season starts with the first practice game and ends with the last schedule game.)
5. Must have lived in the Kingsburg High School district attendance area during the previous semester or have moved into the district with their parents or legal guardians.
6. Must attend school on the day of an athletic contest (at least two classes) or present evidence of a legal excuse (medical, dental, funeral, or school activity.)
7. Must not participate in any all-star competition unless under the supervision or have the approval of C.I.F.

C. School Equipment

1. No equipment will be issued until previous equipment records are cleared and the athletic eligibility card has been completed. This includes:
 - a. Physical examination clearing you to participate in a specific athletic activity.
 - b. Physician's certification must be on file with the school.
 - c. Have or obtain medical insurance for a specific athletic activity.
 - d. Parent's consent for competition.
 - e. Academic and discipline clearance.
2. Do not bring valuables or large sums of money into the locker room. Neither the district, school, nor coaches will be responsible for lost or stolen valuables.
3. Do not give your locker combination to anyone. If you have trouble, see your coach.
4. Keep your locker locked. Otherwise, all gear will be collected from your locker and a penalty will be exacted.

D. Quitting the Team

1. Upon going out for any team, you have two weeks during which you can notify your coach that you are quitting that sport. You may then go out for another sport.
2. If you quit after two weeks. You will forfeit your award and you will not be allowed to participate in any other sport until the season of the sport, which you dropped, is completed. (A season starts with the first scheduled practice and ends with the last game, excluding playoffs.) Exception: If mutually agreed upon by both coaches involved, athletes may be allowed to go out for another sport.
3. An athlete can participate in only one sport at a time unless both coaches agree to it. If necessary, there will be a meeting held between the coaches involved, the athlete, and the athlete's parents (if they wish to attend) to discuss the pros and cons of participating in two sports or activities.

E. Due Process in Athletic Suspensions/Appeal Process

Any student/athlete who is being considered for suspension from an athletic team due to violation of the athletic code will be informed (oral or written) of the charges and will be given an opportunity to present an explanation regarding the charges. The coach who is responsible for the team will meet with the student/athlete and conduct the initial conference. The parents or guardians will be contacted and informed of the charges and encouraged to meet with the coach and student/athlete.

The coach's decision will be based on a substantiated report of a rule violation. The process for appealing a decision by a coach will be as follows:

The student/athlete and parent or guardian shall appeal the decision through the following channels:

- a) Athletic Director
- b) School Principal
- c) District Superintendent
- d) Board of Trustees

A conference at each level shall be conducted with the charges reviewed and the opportunity for explanation given. The student/athlete requesting the appeal will be subject to the decision (suspension, removal) during the process unless overturned by a higher level.