



Parenting First Aid Using Positive Discipline



Juggling all the responsibilities of parent, teacher, working from home, homemaker, and partner in the face of Shelter in Place is NOT EASY!

Gain confidence in your parenting and join us for fun, informative, and skill building webinars via ZOOM.



Positive Discipline

Explore ways to manage daily behavior challenges and cope with the stress of being a parent and a teacher during stay at home.

Wednesday, May 13
9:30 am- 11:00 am

Register here:
<http://fresno.k12oms.org/131-185663>



Coping Skills

Learn how to teach your child coping strategies to deal with stress.

Wednesday, May 20
9:30 am- 11:00 am

Register here:
<http://fresno.k12oms.org/131-185664>



Connection

Explore fun ways to connect with your kids and get the most out of your time with them during shelter in place.

Wednesday, May 27
9:30 am- 11:00 am

Register here:
<http://fresno.k12oms.org/131-185665>

You can participate in each webinar individually or all three.

